



Detox with „Vitamin Sea“ & Yoga on Mallorca

21. - 28. April, 2018

In the charming southeast of the Balearic island, with rosemary, juniper and pine trees along the coastline, above the turquoise sea and near picturesque mallorquin towns, we open the space for your special & individual wellness vacation. With detox, yoga, massages, swimming in the pool or sea, walks in nature, a cleansing sauna and also a boat trip... All is ready to make your stay here most comfortable and beautiful.

About the location:

The finca is situated in a cultured garden in the southeast of the island between Santanyi and the picturesque port of Cala Figuera. There are double and single bedrooms.

The rooms are simple but very clean and light, each leading to a huge terrace facing swimming pool and garden. Many cosy places invite you to relax.

Two beaches are in walkable distance 30 min. to Cala Santanyi or 50 min. to Cala Llombards. You can also rent bikes.

The program:

Saturday - arrival day

Welcome and check in from 4pm onwards, water, tea and juices are available, we will give an out-look, hear about your expectations and wishes and close the day with a meditation.

Sunday - Friday

We start with a detox drink before yoga class, followed by massages, swimming, walks, relaxation, etc. detox drinks about every 3 hours five to six times a day.

Wednesday morning is market-day in Santanyi, Thursday evening we are invited to Shafiyas mantra singing circle. Friday you can book sauna or a boat trip.

There will be plenty of time to chill and share with the group or individually.



About us:

Bija - experienced of 35 years with yoga, meditation, massage, fasting - makes people immediately feel at home with her delightful warm-heartedness. Dinner at her terrace in the charming harbour of Cala Figuera is legendary!

WhatsApp: 0034 642 06 04 43



Shafiya - mantra singer and yogini (Hatha & Kundalini) - creates the space to let go, relax and energize for natural radiance. Her massage may include healing sounds. Join the bliss!

WhatsApp: 0034 603 21 11 64

Conditions:

There is limited space for only 6 persons so we can care for everyone individually.
The package for the week includes:
accommodation, detox drinks, liver packs, 2 full body massages, 2 foot bath with foot massages, everyday Yoga, one evening with mantra singing, and your own leisure time.

Date: April 21 - April 28, 2018

Package price: single room 1.125 € / double room 950 €
Flights are not included. Sauna and boat trip not included.

How to get there - transfer from or to the airport:

1 person 50 € (including luggage)
2 persons 30 € each
3 persons 25 € each

Welcome and Namaste with lots of love from Mallorca!

